



Lancaster University Archery Club

Executive Committee Meeting Minutes

Date – 25th May 2022

Time – 1.00pm

Type of Meeting: Week 25

Chair: Thea Moores

Location: Furness College

Invitees: Jesse Phillips (JP), Adam Pettigrew (AP), Anna Ferguson (AF), Daniel Hudson (DH), Jamie Walker (JW), Liam Wylie (LW), Lucy Clarke (LC), Sky Beardmore (SB), Thea Moores (TM)

Members Present: Jesse Phillips, Adam Pettigrew, Jamie Walker, Liam Wylie, Lucy Clarke, Sky Beardmore, Thea Moores

Agenda:

- Officer Reports
- Warm Up Video
- Gym Guides
- AGB
- NEAUL Elections

Motion:

Officer Reports

TM – looked through the AGB list and the club membership list. Found 26 people who don't have AGB and 7 people who aren't club members. Some of the AGB lot are known about (they have membership with their home club). Going to send an email out to both groups asking people to please buy membership / send me their details for AGB / etc

AP – got Ptrevor back

JP – done some one-to-one coaching

JW – updated club records. Uploaded minutes



LC – got BUCS entries in. LUSU has not got back but entries have gone through?
We can reimburse transport

SB – still waiting for signatories

AF – organising archery darts social

Warm Up Video

JW – need to update the warm-up video for the channel. Have a group of people doing the warm-up so that it's not just one person. Summer project

JP – can film it

Gym Guides

JW – could be more stuff in the resources channel. Want to improve conditioning for archers for longer shoots. A full day comp is a lot more hard work than a 2 hour training session. Going to come up with a gym and a home exercise routine with LC

JP – we have few training guides. But they are in excel format and google drive doesn't like that

AGB

SB – we have a contact who's willing to help us run competitions. Regional developments – yvonne.stead@archerygb.org

NEAUL Elections

TM – Voted for the only people running

Any Other Business

Watched the first instalment of the warm-up video



Meeting adjourned – 1.30pm